

CURRICULUM VITAE

Erin Parsons

(April.2025)

Wellness Counselors LTD.

The Millennium Complex

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EDUCATION

- Doctor of Philosophy (2023)
 - THE OHIO STATE UNIVERSITY, Columbus, OH
 - Counselor Education & Supervision
 - Summa Cum Laude
- Master of Science in Education and Allied Professions (2008)
 - University of Dayton, Dayton, OH
 - Major: Clinical Mental Health Counseling
 - Summa Cum Laude
- Bachelor of Arts (2004)
 - Ohio Wesleyan University, Delaware, OH
 - Major: Psychology, Minor: Religion, Middle Eastern Studies specialization

LICENSURES & CREDENTIALS

- Ohio Licensed Professional Clinical Counselor with Supervisory Designation, #E.0700298-SUPV
- Certified Wellness Counselor, 2015
- Multidimensional Family Therapy: National Trainer, 2014
- Multidimensional Family Therapy: Regional Trainer, 2013
- Multidimensional Family Therapy: Clinical Supervisor, 2012
- Multidimensional Family Therapy: Therapist, 2011

PUBLICATIONS

- **Parsons-Christian** (2023): Graduate Students Navigating Equity, Inclusion, and Social Justice During a Practicum Course in a Counselor Education Master's Program
- Tanya J. Middleton, Kristen M. Toole, Danielle Culpepper, DeQuindre C. Hughes, **Erin Parsons-Christian** & Colette T. Dollarhide (2023): Decolonizing & Decentering Oppressive Structures: Practical Strategies for Social Justice in School and Clinical Counseling, Journal of Counselor Leadership and Advocacy, DOI: 10.1080/2326716X.2023.2237023

- **Parsons-Christian, Moore III, Ford** (2022). Black Professors and a Student-Ally Discuss Teaching and Learning About Anti-Racist, Equitable, Culturally Responsive Education and Educators. *Diverse Issues in Higher Education*.
- **Parsons, E.** (2014). News from The Field: MDFT National Trainer Reflects on MDFT Expansion in Columbus, OH. *Multidimensional Family Therapy Newsletter, Issue 1*, 1-3.

Media Interviews

- Ohio Counseling Association: Ohio Substance Use Disorder Professionals Chapter: Member Spotlight. “Consider a Career in Substance Use Counseling” by Danijela Vranesevic, LPCC-S, (2022)
- Parsons-Christian, Erin, Guest. “How to Talk to Kids About Race,” The Ohio State University Inspire Podcast, 21 September. 2022.

Manuscript Reviewer

- *Journal of Education and Urban Society* (2022-present)

PRESENTATIONS

- **Parsons-Christian, E.**, (2023, October) *Solutions for Sustaining Empirically Validated Family Therapy Models for Adolescent Substance Use*: All Ohio Counselors Conference, Columbus, Oh
- **Parsons-Christian, E.**, (2023, August) *Evidenced-Based and Culturally Informed Integrated Treatments for Adolescent Substance Use*: Ohio Substance Use Disorder for Professionals Division of the Ohio Counselor Association, Workshop
- Dollarhide, C., **Parsons-Christian, E.**, Coleman K., Shrewsbury, S., Herman-McMillan, E., (2022, December) *Social Justice Supervision: Demonstrations, Interventions, and Examples*. 2022 North Central Association for Counselor Education and Supervision, Webinar
- Lee, D., **Parsons-Christian, E** (2022, October) *Suicide: Tools for Everyday Practice*. 2022 All Ohio Counselors Conference, Columbus, OH
- Ford, D. Y., **Parsons-Christian, E** (2022, May) *Promoting Anti-Racist Culturally Responsive Pedagogy in Higher Education*. 2022 National Conference on Diversity, Race & Learning, Columbus, OH
- Middleton, T., **Parsons-Christian, E**, Arjune, K., Sumler, C., Hughes, Q., (2022, May)

Reconstructing Pathways: Challenges and Opportunities to Diversifying the Professorate. 2022 National Conference on Diversity, Race & Learning, Columbus, OH

- Dollarhide, C., **Parsons-Christian, E.**, Arjune, K., Shrewsbury, S., Herman-McMillan, E., (2022, February) *Social Justice Supervision Model and Practice*. 2022 North Central Association for Counselor Education and Supervision, Webinar
- Shrewsbury, S., Cunningham, P., & **Parsons-Christian, E.**, (2021, June) Rethinking Grit and Resilience with Adolescents. 2021 Association of Humanistic Counseling Conference, OH (virtual conference).
- Haag-Granello, D., Lee, D., Blake, T., Choi, J., Cunningham, P., Hamilton, M., **Parsons-Christian, E.** (2021, June) *How to Form a Research Identity in Counselor Education*. 2021 Ohio Association for Counselor Education & Supervision Conference, OH (Virtual Conference).
- **Parsons-Christian, E.**, Lee, D., Blake, T., Choi, J., Cunningham, P., Hamilton, M., Haag-Granello, D., (2021, October) *Helping Doctoral Students Develop a Research Identity in Counselor Education*. 2021 Association for Counselor Education & Supervision Conference, Atlanta, GA.
- Baker, E., **Parsons-Christian, E.**, Herman-McMillan, E., Clapp, S. (2021, October) *Social Justice Supervision Model: Lived Experiences of Counseling Supervisees*. 2021 Association for Counselor Education & Supervision Conference, Atlanta, GA.
- **Parsons-Christian, E.**, Lee, D., (2021, October) *The School to Prison Pipeline: Compounding the Barriers of Underprivileged Populations*. 2021 All Ohio Counselors Conference, Columbus, OH
- Dollarhide, C., Arjune, K., Brashear, K., Culpepper, D., Middleton, T., **Parsons-Christian, E.**, Shrewsbury, S., (2021, October) *Decolonizing & Decentering Oppressive Structures: Social Justice In School And Clinical Counseling*. 2021 All Ohio Counselors Conference, Columbus, OH

RESEARCH EXPERIENCE & PROJECTS

➤ Research Interests

- Multicultural curriculum and pedagogy
- Culturally competent training and supervision
- Multicultural and social justice advocacy, competency, and practice

- **Research Experience**
 - Graduate Research Associate
 - August 2022–January 2023
 - Counselor Education, The Ohio State University
 - Participant recruitment,
 - Gathering and inputting research data,
 - Assist with the development of IRB applications.
- **Supervised Experience in Research**
 - August 2020–2023
 - Assist in completing research proposals, IRB documents, and Informed Consent Forms
 - Collaborated with research teams when conducting literature reviews.
 - Developed surveys using Qualtrics System
 - Assist in the process of transcription, coding, and analysis of research data
 - Contribute to the completion of manuscripts and journal submission processes.
- **Midwest Clinical Research Center**
 - Clinical Research Coordinator
 - 2004-2005
 - Organized and implemented clinical trials for companies, including but not limited to Pfizer, Merk & Co., AstraZeneca, Lilly, Bristol-Myers Squibb, and others.
 - Collaborated with Psychiatrists and Research Investors to evaluate participants, assess status, and monitor progress.
 - Managed all regulatory and clinical trial documentation.
 - Conducted Quality Control audits, the performance of medical reviews, and facilitated IRB contacts.

Research Projects

- Council for the Accreditation of Counseling and Related Educational Programs (CACREP) Self-study Leadership Team Member
 - Facilitated completion of CACREP self-study through building infrastructure for continuous assessment cycle for CACREP programmatic standards and requirements
 - Aggregated professional disposition evaluation data, clinical and administrative documents for CACREP section 4: Clinical and Field Experiences
 - Assist in revising and updating departmental policies and procedures.
- Social Justice Supervision Model: Lived Experiences of Counseling Supervisees
 - Principle Investigator: Dr. Colette Dollarhide
 - August 2020-2022
 - The Ohio State University
- Diversity in CACREP
 - Principle Investigator: Dr. Tanya Middleton
 - August 2021-Present
 - The Ohio State University

- Analyzing the ACA Multicultural and Social Justice Competencies Using Ford's Bloom-Banks Matrix
 - Principle Investigator: Dr. Donna Ford
 - December 2022-2023
 - The Ohio State University

TEACHING

- Course Instructor
 - Practicum & Field Experience Course: Clinical & Mental Health Counseling (Spring/2022)
 - Counselor Education, The Ohio State University
 - Oversee all course curriculum, administrative responsibilities, and academic structure for approximately 130-150 students
 - Utilize pedagogical approaches to individualize the diverse educational needs of students
 - Provide lectures using slides, worksheets, and quizzes
 - Create course materials and manage them on the Carmen student learning website
 - Increase level of support and collaboration between teachers and students
- Graduate Teaching Associate
 - ESCE 5271 Wellness Course: Achieving a Healthy Lifestyle (Fall/2020) (Spring/2021)
 - Counselor Education, The Ohio State University
 - Oversee all course curriculum, administrative responsibilities, and academic structure for approximately 130-150 students
 - Utilize pedagogical approaches to individualize the diverse educational needs of students
 - Provide lectures using slides, worksheets, and quizzes.
 - Create course materials and manage them on the Carmen student learning website
 - Increase the level of support and collaboration between teachers and students
 - Provide consultation and feedback on individual wellness assessments and plans
 - Assist with administration of activities in the SMART Lab
 - February 2021-Present
 - Counselor Education, The Ohio State University
 - Assist student exploration of personal models of counseling that integrate theory and practice.
 - Enhancement of counseling skills and applying theory and techniques in practical settings.
 - Facilitate the Development of critical awareness of students' counseling performance
 - Identification of issues of diversity that may impact both understanding and intervention in the counseling relationship and demonstrate appropriate interventions based on a multicultural perspective
- Capital University
 - Adjunct Professor: Department of Psychology
 - 2014-2019

- Excellent communicator who has strong speaking, writing, research, and analytical skills
- Highly competent in assessing and evaluating student knowledge base, learning styles, goals, and performance
- Develop a focused curriculum that fosters academic success by building on strengths and addressing weak areas
- Create an intellectually stimulating classroom environment to equip students with practical learning opportunities
- Utilize a variety of technologies and instructional methodologies to keep courses fresh and engaging
- Mentor struggling students one-on-one regarding course materials and another academic issue
- Help students develop talent through a range of exercises, readings, and discussions using real-world examples
- Establish positive classroom relationships to incorporate an interactive environment and higher-level learning.

TRAINING

- Multidimensional Family Therapy: *National Trainers Conference*
University of Miami Miller School of Medicine: Miami, FL, June 2015
- Multidimensional Family Therapy: *Introductory Training*
Maryhaven: Columbus, OH, September 2014
- Multidimensional Family Therapy: *National Trainers Conference*
University of Miami Miller School of Medicine: Miami, FL, May 2014
- Multidimensional Family Therapy: *Introductory Training*
Cleveland, OH, December 2013
- Multidimensional Family Therapy: *Introductory Training*
Cleveland, OH, November 2013
- Multidimensional Family Therapy: *National Trainers Conference*
University of Miami Miller School of Medicine: Miami, FL, May 2013
- Multidimensional Family Therapy: *Introductory Training*
Maryhaven: Columbus, OH, February 2013

SUPERVISION

- Graduate Teaching Associate: Clinical Mental Health Practicum and Internship Program Coordinator (Fall 2022/Spring 2023)
 - Organization and management of doctoral and site supervision correspondence of student field placement experiences
 - Coordination and facilitation of bi-weekly supervisor's meetings, weekly doctoral supervision sessions, and semi-annual practicum and internship site visits

- Responsible for tracking and monitoring students' evaluations, supervision notes, and practicum and supervision hours via supervision assist platform
 - Collaboration with Human Resources, APL office, and the OSU Clinical Counseling Center to adhere to CSWMFT Board licensure and clinical practice guidelines
- Graduate Teaching Associate: Clinical Mental Health Practicum and Internship Program Coordinator (Fall 2021/Spring 2022)
- Organization and management of doctoral and site supervision correspondence of student field placement experiences
 - Coordination and facilitation of bi-weekly supervisors meetings, weekly doctoral supervision sessions, and semi-annual practicum and internship site visits
 - Responsible for tracking and monitoring students' evaluations, supervision notes, and practicum and supervision hours via supervision assist platform
 - Collaboration with Human Resources, APL office, and the OSU Clinical Counseling Center to adhere to CSWMFT Board licensure and clinical practice guidelines
- Counselor Education, The Ohio State University
- Clinical Counseling Doctoral Supervisor
 - August 2020-2023
 - Providing individual and group supervision for clinical counseling masters students under professional supervision from the Counselor Education faculty
- MDFT International
- National Trainer: Multidimensional Family Therapy Consultant
 - 2013-2016
 - Provides intensive clinical and administrative training to supervisors and therapists at MDFT site locations.
 - Reviews biopsychosocial assessments, case conceptualizations, and video footage of therapy sessions
 - Provide clinical feedback on session plans during weekly case consultation calls
- Maryhaven
- Administrative and Clinical Supervisor: Adolescent Services, Multidimensional Family Therapy
 - 2012-2015
 - Direct MDFT Clinical Supervision - complete case reviews, video reviews, and live supervision sessions per MDFT protocol in adherence to the fidelity of the model
 - Provide clinical and administrative supervision to program counseling staff
 - Develop, assign, and monitor individualized treatment and continuing care plans in cooperation with a multi-disciplinary treatment team
 - Participate in supervisor and cohort meetings with FCCS, FCJC, ADAMH Board, and Family Children's First Council
 - Collaborate with Franklin County Children's Services, Franklin County Juvenile Court System, and Care Coordination to facilitate successful treatment and aftercare plans for the adolescent population

COUNSELING

- Wellness Counselors, Ltd.,
 - Private Practice: Clinical Counselor and MDFT Family Therapist
 - 2014–Present
 - Individual Counseling, Couples Therapy, Co-parenting, and Family Counseling
 - Assessment, Diagnosis, and Clinical Counseling Services
 - Specialties: Marriage and Family Therapy, Child or Adolescent, Anxiety, Depression, and substance use disorders
 - Utilize approaches, including but not limited to CBT, Gottman, and Family Systems
 - Special Interests
- Maryhaven, 2007-2012
 - Lead Counselor: Adolescent Residential Unit, Teen Care Unit, 2009-2011
 - Lead Counselor: Adult Residential Program, Dan Cannon Hall, 2008-2009
 - Counselor Assistant: Adult Outpatient Services, Safe Pathways Program, 2007-2008
 - Develop, assign, and monitor individualized treatment and continuing care plans in cooperation with a multi-disciplinary treatment team
 - Participate in supervisor and cohort meetings with FCCS, FCJC, ADAMH Board, and Family Children's First Council
 - Provide chemical dependency and mental health counseling (individual, family, and group), diagnostic assessment, crisis intervention, and education to youth and families
 - Collaborate with Franklin County Children's Services, Franklin County Juvenile Court System, and Care Coordination to facilitate successful treatment and aftercare plans for the adolescent population
 - Provided dual-diagnosis treatment to both adult and adolescent populations
 - Focus on Substance Use Mental Health Disorders when working with an adult population
 - Specializing in co-occurring disorders tailored to women with solicitation and high-risk behaviors

LEADERSHIP / SERVICE

- Past President OCA: Ohio Substance Use Disorders Professionals Chapter, 2023-present
- President OCA: Ohio Substance Use Disorders Professionals Chapter, 2022-2023
- Research Fellow: The Ohio State University Center for Discourse Analysis & Video Ethnography, 2022-2023
- President-Elect: OCA: Ohio Substance Use Disorders Professionals Chapter, 2021-2022
- Clinical Coordinator: OSU, Department of Counselor Education, 2021-2023
- Student Ambassador: OSU, Department of Counselor Education, 2020-2021
- Dublin (ACT) Adolescents and Community First Coalition: Member, 2016-present
- Chair: MDFT International Training Committee, 2013-2015
- Board Member: Maryhaven Women's Advisory Committee, 2013-2015
- Co-Chair, Franklin County Children's Services - Community Based Committee, 2013-2015
- Board Member: Maryhaven LGBT-Q+ Committee, 2012-2015
- Board Member: Ohio Reach & Restore Coalition - Social Services Committee, 2012-2013

AWARDS AND HONORS

- Summa Cum Laude
 - The Ohio State University, Columbus, OH December 2023
- The Program Award for Outstanding Doctoral Student
 - The Ohio State University 2022 Counselor Education Department Student Recognition Award, May 2023
- The Program Award for Outstanding Doctoral Student
 - The Ohio State University 2022 Educational Studies Student Recognition Award, March 2023
- Chi Sigma Iota
 - Counseling Academic & Professional Honor Society International
 - The Ohio State University, Columbus, OH April 2021-Present
- Certificate of Appreciation for Social Work Field Instruction for outstanding performance and lasting knowledge contribution to Ohio Dominican University Social Work Students
 - Ohio Dominican University, Columbus, OH August 2010-May 2011
- Summa Cum Laude
 - University of Dayton, Columbus, OH May 2008

ORGANIZATIONAL MEMBERSHIPS

- American Counseling Association
- Association for Counselor Education and Supervision
- Ohio Counseling Association
- Ohio Association for Counselor Education and Supervision
- American Psychological Association